

To: Doctor or Health Care Professional

From: Troop 5, Boy Scouts, Madison, SD

Concerning: High Adventure Participant Qualification

The primary purpose of this physical exam is to qualify this person to participate in a campout and hike in the Rocky Mountains of Colorado this Summer (2014). We will be camping for 10 days at altitudes of up to 10,000 feet above sea level. It is anticipated that altitudes in excess of 14,400 feet will be attained during day hikes. Very strenuous exercise at these high altitudes is anticipated and will be required for successful completion of the hikes.

During this physical exam, please take note of these requirements and evaluate this person's medical ability to participate in these activities.

If this person is medically able to participate, please make an appropriate notation in Part C - Physical Examination. If this person is not medically able to participate, partially or wholly, please also make the appropriate notations including restrictions.

Please also evaluate any high altitude-related problems that may be expected or anticipated relative to any medications (prescription or otherwise) currently being taken or typically taken by this person.